

## Who is Act for Kids?

Act for Kids is an Australian not-for-profit organisation providing free professional therapy and support services for children and their families.

For over 27 years we have helped thousands of children and families in Australia through counselling and family support.

Through integrated therapy we offer children and their families the support they need to raise happy, healthy kids and enjoy positive family relationships.

### We work to:

- keep kids safe by providing information, support and counselling to help parents care for their children
- help families develop new ways to cope in times of stress
- support and counsel children who have experienced trauma through abuse or neglect
- support the emotional and developmental needs of children and young people so they can reach their full potential.

### What makes us different?

- We have over 27 years' experience working with kids, young people and families.
- Our unique multidisciplinary teams include family support practitioners, psychologists, occupational and speech therapists, and other specialists who provide expert help.
- We listen to everyone in your family and will talk with them in ways they understand.
- We don't have a 'one size fits all' approach; every person we work with can expect support plans to help them reach their own goals.



## How to reach Act for Kids

If you have any questions or would like to access our free counselling and support, please call us directly to discuss eligibility or make an appointment.

Completed referral forms can be emailed to [blacktown@actforkids.com.au](mailto:blacktown@actforkids.com.au)

### Western Sydney

18/125 Main Street  
Blacktown NSW 2148

Phone: (02) 9622 7636  
Fax: (02) 9676 2663

### Notes:

This program is funded by



# Integrated Therapy Service



## What is the Integrated Therapy Service?

We help children and young people to overcome their experiences and challenges through integrated therapy so they can reach their full potential.

Our team of specialists will work together to conduct a full assessment, develop a personal treatment plan and provide ongoing therapeutic support.

We also work with the child's family/carers to help them deal with the child's behaviour or challenges and to reinforce their progress in therapy at home.

### We can help with:

- providing a safe place for children to express and process difficult thoughts and feelings
- giving children the opportunity to explore the impact of their experiences
- supporting children and young people to develop skills for managing difficult feelings
- empowering parents/carers to help them deal with the child's challenges.

It's a voluntary program so we need consent before we begin working with the child and/or family.



## How does it work?

Our team includes multidisciplinary therapists skilled at using an integrated approach to support the emotional and developmental needs of children and young people.

We work with children to address their social, emotional, speech, language, problem solving and motor-functioning needs, and their general development.

## Who should I refer?

Our Integrated Therapy Service is designed for children and young people aged 0–17 years, and their carers/family, to help them overcome their experiences and challenges.

This service is available to children in Blacktown and surrounding areas whose families/carers want support from our specialist therapy team.

Referrals can be submitted by a community support agency or self-referral representing the child, young person and or family/carer. Before completing the referral form, we recommend you call us to discuss eligibility and the referral process.

## Your rights and responsibilities

Under the *Privacy Act 1988* and the *Australian Privacy Principles (APPs)* you have the right to access your personal information.

The information cannot be removed or copied. The records are the property of Act for Kids and this protects and ensures your privacy and security.

Your discussions with our team are confidential and will remain private unless there are concerns about the safety of yourself or others.

