

Who is Act for Kids?

Act for Kids is an Australian not-for-profit charity providing professional therapy and support services for children who have experienced child abuse or neglect and their families.

For over 30 years we have helped thousands of children and families in Australia through counselling and family support.

Through integrated therapy we offer children and their families the support they need to overcome child abuse and neglect and enjoy positive family relationships.

We work to:

- support and counsel children who have experienced trauma through abuse or neglect.
- support the emotional and developmental needs of children and young people so they can reach their full potential.
- keep kids safe by providing information, support and counselling to help parents care for their children.
- help families develop new ways to cope in times of stress.

What makes us different?

- We have over 30 years' experience working with kids, young people and families.
- Our unique multidisciplinary teams include psychologists, occupational and speech therapists, and other specialists who provide expert help.
- Interventions are tailored to meet the specific developmental needs of each child.



How to reach Act for Kids

If you have any questions or would like to refer a child for counselling and support, please call us directly to discuss a referral.

Your local Integrated Therapy Service:

Melbourne

melbourne@actforkids.com.au
P: 03 8383 9380
F: 03 8383 9384
61 Riggall St, Broadmeadows, VIC 3047
PO Box 104, Dallas VIC 3047

actforkids.com.au

Notes:

Integrated Therapy Service



What is the Integrated Therapy Service?

We help children and young people to overcome their experiences and challenges through integrated therapy so they can reach their full potential. Our team of specialists work together to conduct a full assessment, develop a personal treatment plan and provide ongoing therapeutic support.

We work with children to address their social, emotional, speech, language, problem solving and motor-functioning needs and their general development.

We also work with the child's family/carers to help them deal with the child's behaviour or challenges and to reinforce their progress in therapy at home.

We can help with:

- providing a safe place for children to express and process difficult thoughts and feelings.
- giving children the opportunity to explore the impact of their experiences.
- supporting children and young people to develop skills in managing difficult feelings.
- empowering parents/carers to help them deal with the child's challenges.

Our programs are voluntary so we need consent before we begin working with the child and/or family.



Working with Act for Kids

For services referring a child or family to Act for Kids, you can expect professional, individualised therapy and counselling appropriate to the needs of the client. We will strive to work with the referring service to ensure the child or family fully benefit from our Integrated Therapy Model and concerns regarding emotional, physical or behavioural delays are addressed.

We will communicate with the referring service in regards to the progress of the client and whether or not additional sessions may be required to achieve the desired outcomes for a child.

Our Pricing

The Integrated Therapy Service is funded through private and philanthropic donations. This means we are able to provide a service to children and families in need that is free of charge, however where the family is supported by access to funding the following charges will be applied to the referring service:

Initial consultation \$250.00 (inc GST).

This initial consultation includes observational assessment and screening by a Psychologist, Speech and Language Pathologist and Occupational Therapist. Based on the results of the observational assessment an individual treatment plan or more comprehensive assessment may be recommended.

The treatment plan will include a suggested schedule of sessions across the relevant disciplines, tailored to the needs of the child. Services will be invoiced after each session.

There are a number of formal assessments that may be appropriate for the child to complete, and our team can provide a tailored quote for these assessments on a case by case basis.

Pricing for treatment sessions inclusive of GST*

Treatment sessions	Cost per session	Block of 10 sessions
1 hour	\$166	\$1 500
45 mins	\$125	
30 mins	\$85	

*Pricing for NDIS clients is as per NDIS fee schedule.

